

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Carna Koch**

Has successfully participated & completed the  
**13km Shift Wellness - Summer Trail Run**  
held at Walter Sisulu Garden.

**TIME 01:19:34**

**PACE 06:06/km**  
**OVERALL 6 of 108**

**GENDER 2 of 39**  
**OPEN 2 of 17**

27 January 2019, Sun

Date



*BoutTime*

Signature

